

# 2009 DELAWARE STATE TEAM CHAMPIONSHIP

University of Delaware's Harry Rawstrom Natatorium

Bob Carpenter Sports Building

November 27-29, 2009

Held under the sanction of Middle Atlantic Swimming, Inc.  
Sanction #MA 1045 A (9& Over) and MA 1046 M (8 & Under)

<b>HOST TEAM</b>	<b>Delaware Swim Team</b> 4905 Mermaid Blvd, Wilmington, DE 19808
<b>MEET DIRECTOR</b>	Brian Drysdale may be contacted at <a href="mailto:briand@freestyles.org">briand@freestyles.org</a>
<b>HEAD REFEREE</b>	Kent Steeves 302-465-0118 e-mail: <a href="mailto:makk4@verizon.net">makk4@verizon.net</a>
<b>OFFICIALS</b>	Please contact us at <a href="mailto:dst@freestyles.org">dst@freestyles.org</a> if you are able to officiate
<b>LOCATION/PARKING</b>	University of Delaware, Carpenter Sports Building, Harry Rawstrom Pool, Newark, DE; (302) 831-8600. From I-95, take exit 1B Newark, Rt. 896 North. Follow Rt. 896 for approximately 3 miles. Rt. 896 will become S. College Ave. Follow until it dead ends at light at Main St. Turn left at light and make immediate right onto Old College Ave. First driveway on right goes toward the pool (for drop off only). Parking is located across the railroad tracks, opposite side of the street. Additional parking is located in the parking garage at the end of Main Street. If using mapquest, use the address: 60 North College Avenue, Newark DE 19711. This is Unique Impressions and is located next to the pool.
<b>FACILITY</b>	8-lane, 25-yard pool with 4 feet of water at the starting end. Separate 6-lane 20-yard pool will be available for continuous warm-up/warm-down. Competitor non-turbulent lane lines. Colorado System 5 timing system with separate lane readout. Hy-Tek Meet Manager software is used to manage meet entries and results. Spectator seating for 700 is available in the balcony. <b>Phone Day of Meet Only: 302- 831-2264.</b>
<b>ELIGIBILITY</b>	This meet is open to swimmers 18 years of age or younger of Delaware (team and/or residents) who are currently registered with USA Swimming and will be conducted according to current USA Swimming rules. Swimmer's age for the meet is determined as of November 27, 2009. Delaware Swim Team reserves the right to offer non-Delaware teams (that are USA Swimming and/or Middle Atlantic registered) entrance into the meet. This is to ensure a full, competitive meet. This will not affect awards or high-point scoring in any way. <b>These non-Delaware teams will not score or receive awards.</b>
<b>RULES</b>	The meet will be conducted in accordance with the current USA Swimming Rules and Regulations. <b>'Fly-over' starts will be used at this meet, EXCEPT for events for swimmers 8 and younger. All swimmers (except for Backstroke starts) should remain in the water at the completion of their race until the next heat has begun.</b>
<b>SAFETY DIRECTOR</b>	Kathy Drysdale 302-234-8500 e-mail: <a href="mailto:kathyd@freestyles.org">kathyd@freestyles.org</a>

<p><b>SAFETY</b></p>	<p>USA Swimming and Middle Atlantic safety procedures will be enforced. Unattached and unaccompanied swimmers will be assigned for supervision. Please contact the Meet Director as soon as possible if your swimmer does not have a coach at the meet. Deck access is limited to swimmers, coaches, and officials who are displaying current USA Swimming credentials and are currently working or competing in the meet.</p> <p><b>NO</b> glass containers allowed throughout the Carpenter Sports Complex. <b>Deck Access will be denied to anyone who does not show the proper current USA Swimming credentials and/or isn't working the meet as a volunteer.</b></p>
<p><b>ENTRIES</b></p>	<p>Each swimmer may enter a maximum of five (5) individual events per day, if available. There is <b>no</b> limit on the number of relays a team may enter, <b>but only two (2) may score and/or receive awards per event.</b> See description of event on the "Schedule of Events" sheet.</p> <p>Entry times are to be submitted in the course in which they were achieved: LCM, SCM, or SCY. Times submitted in a course other than SCY will not be treated as non-conforming times. "NO TIMES" will be accepted.</p> <p>Clubs with Hy-Tek Team Manager should submit their entries electronically.</p> <p>All manual entries must be submitted on the attached DST non-computer entry form (Swimmer's USA Swimming Registration number must be clearly included) OR by e-mail to ClarkB@freestyles.org. If you have Team Manager, please also provide a printout of the meet entries by name. You must complete the <b>DST Meet Summary Form</b> and mail/e-mail with the entry. A club contact person must be listed on the entry summary form, including an e-mail address. As per Middle Atlantic Swimming Rules, a \$15 per swimmer fee will be charged to all entries submitted on paper rather than electronically. An additional \$25 per swimmer fee will be charged to any team submitting manual entries for more than 5 swimmers. We have information on the final page of this information about a Hy Tek product that is free (TM Lite) This product will assist you in completing an electronic entry.</p> <p>The Meet Director reserves the right to limit entries and/or alter events so that the sessions will be within the four (4)- hour time limit. If entries need to be cut, last received will be the first cut. Teams will receive a full refund for any events that are cut.</p> <p>Swimmers must enter with their best time in each event. Penalties will be imposed upon the swimmer when any coach, parent, or swimmer enters a time other than the swimmer's best time. This could result in the swimmer's suspension from competition for a minimum of three (3) months, but not more than one (1) year.</p> <p><b>Entries must be received by November 13, 2009 at 5:00 pm. Due to time constraints the 1650 free may be limited to two heats each of the boys and girls event based on seed time. No post entries will be accepted.</b></p>

<b>DECK ENTRIES</b>	Deck entries will be accepted at the discretion of the Meet Director. Deck entries will be made at the scoring table the day of the meet. <b>Swimmers not previously entered into the meet must present proof of current USA Swimming registration.</b> Deck-entered swimmers will compete unofficially; the achieved time is official, but will not score in the meet for points or awards Fees for Deck entries are \$8.00 per individual event, \$16.00 per relay
<b>MAIL ENTRY TO</b>	Delaware Swim Team Booster Club (Make all checks payable to “Delaware Swim Team Boosters”) c/o Kathy Drysdale/Meet Entries 4905 Mermaid Blvd, Wilmington, DE 19808  E-mail entries to <a href="mailto:ClarkB@freestyles.org">ClarkB@freestyles.org</a> Subject Line: Your team name/Del State Meet Entry  Any questions regarding entry forms should be directed to Clark Bickling Phone: 302-234-8500 E-mail: <a href="mailto:clarkb@freestyles.org">clarkb@freestyles.org</a> Fax: 302-234-8502
<b>EMAIL ENTRY TO</b>	<b>Email Hy-Tek Team Manager Files to:</b> <a href="mailto:ClarkB@freestyles.org">ClarkB@freestyles.org</a> Entries must be received by November 13, 2009 at 5:00 pm. Payment must be received to address shown above no later than November 20, 2009 at 5:00 pm. No entry will be entered and/or rendered complete without payment.
<b>ENTRY FEE</b>	Individual Events: \$4.00 Relay Events: \$8.00 Please make checks payable to Delaware Swim Team Boosters
<b>FORMAT</b>	This meet is a three (3)-day, pre-seeded, timed-finals, and <b>A/BB/C/Mini format</b> for swimmers <b>18 years of age and younger</b> . If representing a team, a <b>team coach</b> must supervise the athlete(s). Athletes without a coach present must check-in with the Meet Director so they may be assigned a coach for supervision. Swimmers/coaches must provide a counter and timer for the 1650 free and 11-12 500 free events. Positive check-in is required for all events with a distance of 400 yards or longer. Those events will be deck seeded. Check-in will close twenty (20) minutes prior to the start of the session. Positive check-in will be done by the team’s coach. The meet will be conducted using the “No Recall” false-start rule. The meet will also use the whistle command starting procedure.
<b>SCRATCH RULE</b>	If a swimmer checks in during positive check-in and fails to swim that event, he/she will be disqualified from his/her next individual event.
<b>WARMUP/START TIMES</b>	Sessions 1,5, 8: 7:00/8:00 am Session 2: 11:30/noon Session 3: 1:45/2:30 pm Sessions 4: no earlier than 4:30/5:15 pm Session 6: no earlier than 12:00/12:45 PM Session 7: 3:00 PM/4:00 PM Session 9: no earlier than 11:30/12:00 Session 10: 1:30/2:30 PM
<b>AWARDS</b>	In each 12 and under individual event, medals will be awarded for the 1 <sup>st</sup> through 3 <sup>rd</sup> place in each age group. Places 4 <sup>th</sup> through 8 <sup>th</sup> will receive ribbons. In each relay event, medals will be awarded to the first three (3) relay teams. There will be no individual event awards for swimmers 13 and over. High Point awards will be given to the top three (3) individuals, and the winning age-group Team for each gender of each age group. The Team Meet Champion will receive a banner.

<b>SCORING</b>									
	Place	1 <sup>st</sup>	2 <sup>nd</sup>	3 <sup>rd</sup>	4 <sup>th</sup>	5 <sup>th</sup>	6 <sup>th</sup>	7 <sup>th</sup>	8 <sup>th</sup>
	Ind.	9	7	6	5	4	3	2	1
	Relay	18	14	12	10	8	6	4	2
<b>COSTS</b>		Admission cost: \$3.00 per day Program cost: \$12.00							
<b>FINAL RESULTS</b>		Any team submitting entries on disk will receive a copy of the results. Results will also be posted on the Middle Atlantic website: <a href="http://www.maswim.org">www.maswim.org</a> . and on DST's website: <a href="http://www.delawareswimteam.com">www.delawareswimteam.com</a>							
<b>CONCESSIONS</b>		Goggles and caps will be available at the meet. Long Sleeve t-shirts will be available for \$20. Also, there are numerous stores and restaurants located 1 block away on Main St.							
<b>VOLUNTEERS</b>		Anyone interested in volunteering would be greatly appreciated, and will receive free admission to the meet. Please contact us at <a href="mailto:dst@freestyles.org">dst@freestyles.org</a> if you are able to volunteer.							
<b>LODGING</b>		Comfort Inn, 1120 S. College Ave, (302) 368-8715 Sleep Inn, 630 S. College Ave, (302) 453- 1700 Shoney's Inn, 900 Churchman's Rd, (302) 368- 2400 Best Western, I-95 & Rt. 273 East, (302) 738-3400 Christiana Hilton Inn, 100 Continental Dr, (302) 454-1500							

## Event / Session Schedule

Friday, November 28	Session One	7:00 AM warm up 8:00 AM start
1	15-18 200 IM	2
3	13-14 200 IM	4
5	15-18 100 Back	6
7	13-14 100 Back	8
9	15-18 200 Free	10
11	13-14 200 Free	12
13	15-18 200 Breast	14
15	13-14 200 Breast	16
17	15-18 200 Free Relay	18
19	13-14 200 Free Relay	20

Friday, November 28	Session Two	11:30 am warm-up/ noon start
21	11-18 1650 Free	22

Friday, November 28	Session Three	1:45 pm warm-up / 2:30 pm start
23	7-8 200 Free	24
25	7-8 25 Fly	26
27	6 & under 25 Fly	28
29	7-8 50 Free	30
31	6 & under 50 Free	32
33	7-8 100 IM	34
35	7-8 50 Breast	36
37	6 & under 25 Back	38
39	7-8 25 Back	40
41	8 & under 100 Free Relay	42
43	6 & U 100 Free Relay	44

Friday, November 28	Session Four	4:30 pm warm up/5:15 pm start
Girls	Event	Boys
45	9-10 200 IM	46
47	11-12 200 IM	48
49	9-10 100 Back	50
51	11-12 100 Back	52
53	9-10 50 Breast	54
55	11-12 50 Breast	56
57	9-10 200 Free Relay	58
59	11-12 200 Free Relay	60

Saturday, November 29	Session Five	7:00 am warm up/8:00 am start
61	15-18 100 IM	62
63	13-14 100 IM	64
65	15-18 200 Back	66
67	13-14 200 Back	68
69	15-18 50 Free	70
71	13-14 50 Free	72
73	15-18 100 Fly	74
75	13-14 100 Fly	76
77	13-18 500 Free	78

Saturday, November 29	Session Six	noon pm warm-up/ 12:45 pm start
79	7-8 200 IM	80
81	6 & U 100 IM	82
83	7-8 25 Free	84
85	6 & U 25 Free	86
87	7-8 50 Back	88
89	7-8 25 Breast	90
91	6 & U 25 Breast	92
93	7-8 50 Fly	94
95	7-8 100 Free	96
97	7-8 100 Medley Relay	98

Saturday, November 29	Session Seven	3:00 pm warm up/4:00 pm start
99	9-10 50 Free	100
101	11-12 50 Free	102
103	9-10 100 Breast	104
105	11-12 100 Breast	106
107	9-10 50 Fly	108
109	11-12 50 Fly	110
111	9-10 200 Free	112
113	11-12 200 Free	114

Sunday, November 30	Session Eight	7:00 am warm up/8:00 am start
115	13-18 400 IM	116
117	15-18 100 Free	118
119	13-14 100 Free	120
121	15-18 200 Fly	122
123	13-14 200 Fly	124
125	15-18 100 Breast	126
127	13-14 100 Breast	128
129	15-18 200 Medley Relay	130
131	13-14 200 Medley Relay	132

Sunday, November 30	Session Nine	no earlier than 11:30 am warm-up/ 12:00 pm start
133	9-12 500 Free	134

Sunday, November 30	Session Ten	1:30 pm warm-up/ 2:30 pm start
135	9-10 100 Free	136
137	11-12 100 Free	138
139	9-10 100 IM	140
141	11-12 100 IM	142
143	9-10 50 Back	144
145	11-12 50 Back	146
147	9-10 100 Fly	148
149	11-12 100 Fly	150
151	9-10 200 Medley Relay	152
153	11-12 200 Medley Relay	154

**2009  
Delaware State Team Championship  
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**MEET SUMMARY FORM  
This form must accompany ALL entries**

**Team Name** \_\_\_\_\_ **Code** \_\_\_\_\_

**Coach** \_\_\_\_\_ **Email** \_\_\_\_\_ **Home** \_\_\_\_\_

**Address** \_\_\_\_\_

**Contact** \_\_\_\_\_ **Email** \_\_\_\_\_ **Phone** \_\_\_\_\_

**# of Swimmers** \_\_\_\_\_

**# of Individual Entries** \_\_\_\_\_ x \$4.00 = \$ \_\_\_\_\_

**# of Relays** \_\_\_\_\_ x \$8.00 = \$ \_\_\_\_\_

**Swimmer surcharge if applicable** \_\_\_\_\_ x \$15.00 = \$ \_\_\_\_\_

**TOTAL AMOUNT ENCLOSED:** \$ \_\_\_\_\_

**Make Checks payable to “Delaware Swim Team Boosters”)**

**Mail Entries to:** Delaware Swim Team Booster Club  
(Make all checks payable to “Delaware Swim Team Boosters”)  
c/o Kathy Drysdale/Meet Entries  
4905 Mermaid Blvd, Wilmington, DE 19808

**Mail Checks to:** Delaware Swim Team Booster Club  
(Make all checks payable to “Delaware Swim Team Boosters”)  
c/o Kathy Drysdale/Meet Entries  
4905 Mermaid Blvd, Wilmington, DE 19808

**Entry Deadline: November 13, 2009 – 5:00 pm**

THIS ENTRY SUMMARY FORM MUST BE FILLED OUT COMPLETELY

*I certify that all swimmers from this team entered in this meet are current members of USA Swimming and that all coaches from this team who will attend this meet hold current USA Swimming coaching credentials.*

*Head Coach's Signature* \_\_\_\_\_



## **TEAM MANAGER Lite**

**TEAM MANAGER Lite** is software designed for a **meet host to distribute to teams** entering the meet so that those teams can send their meet entries to the meet host electronically by disk or over the Internet. **TM Lite** is provided **FREE** to a meet host using **MEET MANAGER** to distribute to the teams entering the meet. The meet host can create TM Lite product CDs to distribute to the participating teams or purchase additional TM Lite CDs from our Sales Office. The participating teams can also download and install TM Lite right from our web site - [Click Here](#) to download TM Lite.

**TEAM MANAGER Lite** is basically **TEAM MANAGER** with the following features enabled:

- \* Standard Set-Up and Options Features
- \* Enter Teams, Athletes, Relays, Meets and Browsers
- \* Specifying Meet Entry Custom Times by Event or by Name
- \* Import of Meet Events from a MEET MANAGER Database
- \* Export of Meet Entries to send to the meet host by diskette or over the Internet
- \* Meet Entry Report

**Please note that TM Lite is supported only by email.**

**[Click Here](#)** to view the **TM Lite Instructions** in Acrobat format.